

FOR IMMEDIATE RELEASE: NOVEMBER 5, 2025

Ava Thomas Named Hockey East Player of the Month

Carroll, Kahlert, Chan Get The Nod As Rookie, Defender, Goalie of the Month

HOCKEY EAST PLAYER OF THE MONTH



Ava Thomas - Boston College
(Fr., F; Downingtown, Pa.)

No player in Hockey East had more points than Ava Thomas to start the 2025-26 season as the rookie racked up 14 in nine games. Her 61 shots on net were the most of any league player, and fourth in the nation, while her six goals and eight assists were both second-most. Eight of her first nine NCAA games have come on the road and were highlighted by a four-point performance in a 4-1 win over St. A's. She scored 10 points in the span of three games from Oct. 4-11, all wins for Boston College.

Runner-Up - Lily Shannon, Northeastern

S/O.	Opponent	Result	G-A-P
25	at Minnesota	L, 1-7	1-0-1
26	at Minnesota	L, 0-11	0-0-0
4	at St. Anselm	W, 4-1	1-3-4
10	HOLY CROSS	W, 4-2	1-2-3
11	at Providence	W, 5-1	2-1-3
17	at Cornell	L, 0-3	0-0-0
18	at Cornell	L, 2-4	0-1-1
25	at Merrimack	W, 2-1	0-1-1
31	at Vermont	L, 3-4	1-0-1
Total		4-5-0	6-8-14

PRO AMBITIONS ROOKIE OF THE MONTH



Violet Carroll - Holy Cross
(Fr., F; Milton, Mass.)

Violet Carroll has helped Holy Cross to the best start in program history, scoring 10 points across a 7-2-0 run in September and October. Her 10 points and seven assists and plus-seven rating and two game-winning goals were all second-best among HE rookies. She posted at least one point in seven of her nine outings and strung together a five-game point streak with four goals and seven assists.

Runner-Up - Lulu Rucinski, Maine

S/O.	Opponent	Result	G-A-P
26	RPI	W, 2-1	0-0-0
27	RPI	W, 3-0	0-1-1
4	at Delaware	W, 5-2	1-0-1
5	at Delaware	L, 1-2	0-0-0
10	at BC	L, 2-4	0-1-1
17	DARTMOUTH	W, 3-2	0-2-2
18	DARTMOUTH	W, 2-0	1-0-1
24	POST	W, 2-0	0-2-2
26	at Post	W, 5-0	1-1-2
Total		7-2-0	3-7-10

ARMY ROTC DEFENDER OF THE MONTH



Aurora Kahlert - New Hampshire
(Fr., D; Maple Ridge, B.C.)

Aurora Kahlert started her college career by leading all NCAA blueliners with 33 shots on goal, a number that was good for second among all Hockey East players. Her plus-nine rating is third best among defenders nationally, and first in Hockey East, and she is second in the country in game-winning goals at her position. Her 13 blocks were second in Hockey East for a defender. She added three points in nine games while taking no penalties.

Runner-Up - Jules Constantinople, Northeastern

S/O.	Opponent	Result	G-A-P
25	MERCYHURST	L, 2-3	0-0-0
26	MERCYHURST	L, 0-4	0-0-0
3	at Assumption	W, 5-1	0-0-0
4	at Assumption	W, 3-0	1-0-1
10	at Union	T, 1-1	0-1-1
11	at Union	W, 3-1	1-0-1
18	HARVARD	L, 1-2	0-0-0
24	BOSTON UNIV.	L, 2-4	0-0-0
31	at Merrimack	W, 8-2	0-0-0
Total		4-4-1	2-1-3

STOP IT GOALTENDING GOALTENDER OF THE MONTH



Tia Chan - UConn
(Gr., G; Hamilton, Ont.)

Reigning Hockey East Goaltender of the Year Tia Chan returned to UConn with force, posting a 5-2-1 record, the ninth-most wins in the country. Her .956 save percentage is second best in the NCAA among goaltenders with at least five starts and her 1.48 GAA is 10th nationally and second in Hockey East. She posted at least 30 saves four times in eight starts and earned four wins over ranked teams.

Runner-Up - Kiia Lahtinen, Maine

S/O.	Opponent	Result	MIN	SVS	GA
26	ST CLOUD	L, 1-2	59:05	27	2
27	ST CLOUD	W, 2-1	60:00	36	1
3	at Clarkson	L, 0-2	59:36	27	2
4	at Clarkson	W, 3-2	59:43	37	2
17	PRINCETON	W, 2-1	59:56	48	1
18	PRINCETON	W, 3-0	60:00	33	0
24	at Mercyhurst	T, 1-1	65:00	27	1
25	at Mercyhurst	W, 4-3	60:00	24	3
Total		5-2-1	483:20	259	12

1.49 GAA, .956 SV%

