



LEN CEGLARSKI SPORTSMANSHIP AWARD

This award, named in honor of retired Boston College Head Coach Len Ceglarski, is given by the league to one player who has consistently demonstrated superior conduct and sportsmanship on the ice. The directors of Hockey East established the Len Ceglarski Sportsmanship Award in 1992.

Award Winners



Ceglarski Sportsmanship Award History

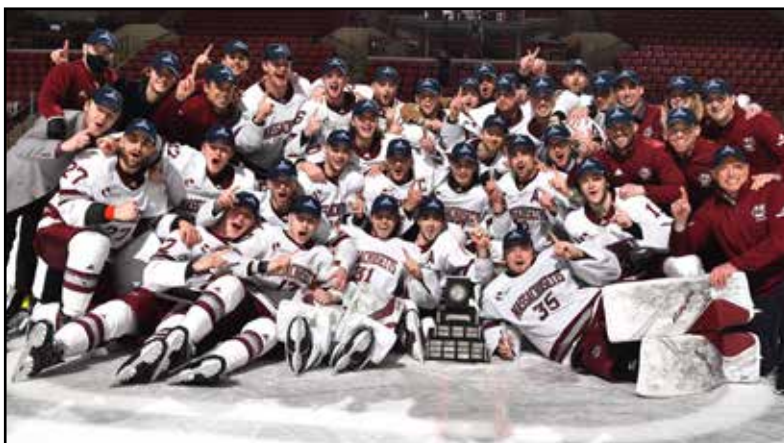
Season	Player	Cl.	Pos.	Team
1991-92	Joe Flanagan	Sr.	F	New Hampshire
1992-93	Shane Henry	Jr.	F	UMass Lowell
1993-94	Michael Spalla	Sr.	D	Boston College
1994-95	Steve Thornton	Sr.	F	Boston University
1995-96	Todd Hall	Sr.	D	New Hampshire
1996-97	Steve Kariya	So.	F	Maine
1997-98	Steve Kariya	Jr.	F	Maine
1998-99	Steve Kariya	Sr.	F	Maine
1999-00	Cory Larose	Sr.	F	Maine
2000-01	Mike Jozefowicz	Sr.	D	Northeastern
2001-02	Jon DiSalvatore	Jr.	F	Providence
2002-03	Martin Kariya	Sr.	F	Maine
2003-04	Steve Saviano	Sr.	F	New Hampshire
2004-05	Jason Guerriero	Sr.	F	Northeastern
2005-06	Danny O'Brien	Sr.	F	UMass Lowell
2006-07	Mike Lundin	Sr.	D	Maine
2007-08	Chris Higgins	Jr.	F	Boston University
2008-09	Dean Strong	Sr.	F	Vermont
2009-10	Ben Smith	Sr.	F	Boston College
2010-11	Brian Flynn	Jr.	F	Maine
2011-12	Chris Connolly	Sr.	F	Boston University
2012-13	Chris McCarthy	Jr.	F	Vermont
2013-14	Ross Mauermann	Jr.	F	Providence
2014-15	Michael Sit	Sr.	F	Boston College
	Dalen Hedges	So.	F	Northeastern
2015-16	Joe Gambardella	Jr.	F	UMass Lowell
2016-17	Joe Gambardella	Jr.	F	UMass Lowell
2017-18	Jacob Bryson	So.	D	Providence
2018-19	Jacob Bryson	Jr.	D	Providence
2019-20	Benjamin Freeman	Sr.	F	UConn
2020-21	Patrick Grasso	Sr.	F	New Hampshire
2020-21	Marc McLaughlin	Jr.	F	Boston College

CHARLES HOLT TEAM SPORTSMANSHIP AWARD

Hockey East proudly recognizes an entire team for its sportsmanlike play with the Charles E. Holt Sportsmanship Award, named after the former University of New Hampshire head coach. This award is given to the team which receives the lowest average penalty minutes per game over the course of regular season Hockey East play. The Team Sportsmanship Award was established by the league's directors in 1992 and was renamed to honor Holt in 1998. The award is presented in the form of a shadow box with etched glass depicting the image of New Hampshire's legendary coach. In the 2013-14 season, the University of New Hampshire set a Hockey East record by averaging just 7.8 penalty minutes per game and won the Charlie Holt Team Sportsmanship Award for the ninth time.

Holt Award History

Season	Team	PMPG
1991-92	Merrimack	14.8
1992-93	Boston College	15.1
1993-94	Northeastern	16.9
1994-95	New Hampshire	14.3
1995-96	New Hampshire	14.6
1996-97	Maine	15.7
1997-98	Maine	15.9
1998-99	Merrimack and UNH	14.9
1999-00	New Hampshire	14.0
2000-01	Maine	14.9
2001-02	Massachusetts	11.8
2002-03	UMass Lowell	10.6
2003-04	Northeastern	10.5
2004-05	Northeastern	12.3
2005-06	Vermont	13.9
2006-07	Massachusetts	10.8
2007-08	UMass Lowell	10.1
2008-09	Providence	10.4
2009-10	New Hampshire	8.8
2010-11	New Hampshire	10.1
2011-12	New Hampshire	10.6
2012-13	New Hampshire	9.5
2013-14	New Hampshire	7.8
2014-15	Vermont	8.5
2015-16	Northeastern	9.3
2016-17	Notre Dame	8.7
2017-18	UMass Lowell	9.5
2018-19	UMass Lowell	8.8
2019-20	UConn	9.5
2020-21	UMass	9.1



UMass was the least penalized Hockey East team in 2020-21 en route to winning the league and NCAA tournament titles.

